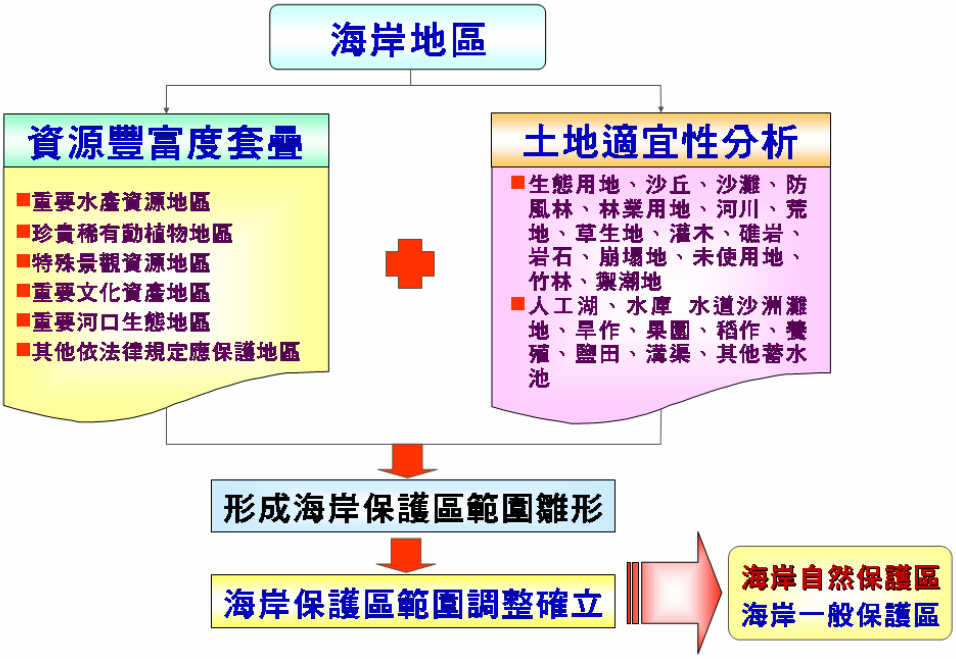海岸保護計畫通盤檢討規劃流程